



ADVANCE CAMP

Contacts

Please keep in mind the high volume of communications that happen during the summer months - we make every effort to return calls and emails as soon as possible!

EMAILS, PHONE NUMBERS

Registration: 715.479.7474 ext 301 | nancy.robins@wheaton.edu

Receptionist: 715.479.7474 ext 201 | honeyrock.receptionist@wheaton.edu

OFFICE HOURS

Open

Monday-Friday: 8am-5pm

Saturday: 8:30-12pm

Closed: Daily, 12-1pm/Sunday

HEALTH CENTER

715.479.7474 ext 202 / sara.waltz@wheaton.edu

CALLING AFTER-HOURS

An "after hours" emergency phone will be monitored when the office is closed. To access, simply call the main office number and listen for the recording which will prompt you to the emergency number. This is only for emergency use during the following times:

Saturday 12p – 10p

Sunday 7a – 10p

Weekday Evenings 4:30p – 10p

Our Address: 8660 Honey Rock Road
Three Lakes, WI 54562

Website: wheaton.edu/summercamp



Hello from HoneyRock!

We're excited to have your student join us for Advance Camp this summer! Advance Camp is a rite of passage program for the exciting, important transition from middle to high school. The purpose of Advance Camp is to build meaningful friendships and provide confidence-building challenges that will encourage students as they make following Christ the foundation of their lives.

This packet contains important information. **Please read it carefully!**

PREPARING FOR SUMMER CAMP

This is an incredible opportunity to build confidence, grow deeper in faith, and begin to learn how to navigate life away from mom and dad. Below, we've listed three ways to get the most out of this experience:

- Pray for and with your camper about their camp experience including their unit leaders, cabin leaders, and fellow campers.
- Talk about and set goals such as: make a new friend, achieve an activity award, participate in Solid Rock.
- Come to Family Day at the end of your camper's program. This allows you to see firsthand what your child experienced. You'll also get one-on-one time with your camper's cabin leader to talk about their experience.

DAILY SCHEDULE

Below, you'll find the basic schedule of Advance Camp. We've found it helpful for parents and campers to talk through it before heading to camp.

6:00 Solid Rock (optional)
6:30 Wake Up
6:45 Morning Watch (quiet time)
7:15 Breakfast
8:00 Activity Period I
10:00 Worship/Cabin Impact
12:15 Lunch
1:00 Activity Period II
2:45 Rest
3:45 Cabin Activity/Free Time
5:15 Dinner
6:00 Evening Activities
8:30 Prep for Bed
9:00 Cabin Reflection
9:30 Lights Out!

A LITTLE BIT MORE ABOUT...

Solid Rock: This is an optional "challenge" for campers – running, swimming, serving, and engaging God's word every morning before breakfast.

Meals: We eat family style! You'll come into the Dining Hall as a cabin and sit around a table

Cabin Impact: Cabin leaders prepare fun, interactive lessons to bring God's Word to life, challenging and encouraging camper's walk with Christ.

Morning Watch: All campers take a few minutes of "alone" time to read Scripture, pray, and reflect.

Activities: With 14 activity areas, it's tough to be bored! From drama to waterskiing and archery to crafts, we offer a wide variety of activities to serve campers with a variety of interests.

Wilderness Campout: Every cabin goes on an 4-5 day campout – we think it's a critical part of the experience! All counselors are certified in First Aid, CPR, Community Water Safety, and are trained in wilderness emergency procedures.

PACKING FOR CAMP

Dress Code

HoneyRock aims for a modest standard of dress. At no time should campers wear clothing that shows their undergarments. Spaghetti-strap tank tops, short or especially tight shirts, or short-shorts (including athletic apparel) should not be packed.

What Not to Bring

Gum, Food, MP3 Players, iPods, iPads, Electronic Games, Cell Phones, Drugs/Alcohol, Magazines, Fireworks, Firearms, Knives, Inappropriate books, Cigarettes

Lost and Found

Lost items will be collected and returned to your camper at the end of the day. Please call our receptionist if your camper is missing something upon arriving at home:
715.479.7474 ext 201.

Horsemanship Participants

Those who signed up for horsemanship must have long pants and boots/shoes suitable for riding.

Packing Prescription Medications

All medications must be given to the camp nurse at Check In. They will be distributed during the session only by our Health Center Staff. We ask non-prescription medications (e.g. Advil) and herbal supplements are not sent with your camper.

Remember to include/update all medication information in your camper's registration. This will streamline the check-in process.

It is important that all medication

- Arrives in the original prescription package
- Labeled with camper name & dosage
- Includes special instructions, if applicable



PACKING LIST

First, a few tips. Keep in mind that nights/evenings can occasionally dip below 60°F and days can reach 90°F.

Cabins have screen windows, so the temperature outside how it feels inside. Packing layers is key! We spend most of our time outside, so clothes that can get dirty are good!

You'll notice a specific "Wilderness Trip" section below. With a longer trip (4-5 days), we ask that you pack clothes specifically for the wilderness trip, as there are special requirements. Cotton and denim take significantly longer than other materials to dry. Because of this, we ask that you pack clothes that are made of synthetic fabrics (Polyester, Nylon, Spandex, Wool) so that your camper is prepared for rainy and wet conditions on their wilderness trip.

Clothing

Underwear
Socks
Pants (jeans, sweats)
Shorts
T-Shirts (long & short)
Pajamas
Sweatshirt/Fleece Jacket
Rain Jacket
Hat(s) (Beanie/Ball Cap)
Swim Trunks (M)
One-Piece/Full-Cover Tan-
kini (F)

Shoes

Sneakers
Sandal w/ Back Strap (Chacos, Tevas, Keens)
Flip Flops (shower shoes)

Other

Sleeping Bag
Warm Blanket
Pillow
Beach Towel
Shower Towel
Laundry Blip
Laundry Bag
Detergent (1 load)
Insect Repellent (non-aerosol)
Pens/Pencils
Camera

Bible
Journal
Flashlight
Sunscreen
Waterbottle
Stationary/Stamps
Toiletries
Small bag for carrying bible, water bottle, etc...

Optional

Fitted Twin XL Sheet
Sunglasses/Baseball Cap
Extra Batteries for Flashlight

For Wilderness Trip

Remember - no cotton, no denim! Search for polyester, nylon, spandex, or wool clothing.

Bandana
Hiking Shoes/Boots
Quick Dry Hiking Pants

Laundry

During Advance Camp, your camper will be able to do laundry. You do not need to pack quarters. Funds will be withdrawn from their Beehive account.

Parent's Registration To-Do List

This year, we're working to streamline and improve your registration experience. Please excuse our dust as the system is "under construction" – if, at any time, you have questions don't hesitate to let us know!

ASAP

Review complete list of deadlines and add them to your personal calendars

COMPLETED BY APRIL 15:

If applicable:

- Need-Based Scholarship Application Due
- Matching Scholarship Application & Documentation Due

BY MAY 15:

For Everyone

- Pay Your Balance
- Finalize Part 2 of Registration, including
 - Health Form
 - Terms and Conditions
 - Behavior Covenant
 - Additional Questions

Required if Applicable

- NEW! Inhaler and Epi Pen Waiver
- Immunization Waiver

Health Form: The Health form must be updated every year for each camper. If your child takes medication:

- Discuss with your doctor the most simple and effective medicinal regime while at camp.
- Enter and update each medication in your registration.
- Delete any discontinued medications.

Terms and Conditions, Behavior Covenant:

Your signature indicates you and your camper have carefully read and are 1) aware of the risks involved in camp activities and 2) agree with HoneyRock's behavior expectations. If your child is in violation of our Behavior Covenant you may be asked to pick him or her up from HoneyRock at your expense as deemed necessary by the Program Manager.

Transportation: ALL must complete, even if attending Family Day. We require both a "coming to" and "returning from" camp selection.

THREE WEEKS BEFORE YOUR CAMPER'S SESSION

Please double check that these things are complete and up to date!

- Health Form:** Verify this information is correct: Name of medication; Dosage; whether or not an immunization form is needed.
- Family Day Registration:** if planning to attend, please let us know!
- Incoming/Outgoing Transportation Selected:** Everyone must select incoming and outgoing transportation, even if driving your camper to and/or from HoneyRock for Check In or Family Day
- Transportation Authorization Form Completed:** if someone other than the parent/guardian is picking up your camper this form is mandatory. Find at wheaton.edu/HRtransport
- Roommate Request:** If you made a roommate request, double check that your camper has been linked with their friend in the registration. We cannot honor roommate requests or change less than two weeks before the program begins.



Information

PHOTOS AND BUNK NOTES

We love capturing the camper experience through photos! With this service, we strive to show parents a glimpse into the whole camp experience. On arrival day, we will upload a photo of your camper's cabin by 9pm. While we try to capture a photo of every camper throughout their time with us, we're not always able to do so. Learn more & access photos: wheaton.edu/HRphoto

BEEHIVE

The Beehive is our camp store where campers can purchase snacks, beverages, clothing, souvenirs, basic toiletries, postcards, stamps, and more! While we do offer sweet treats, there are healthy options available including trail mix, granola bars, and sparkling water. This is a great opportunity to grow responsibility in your camper - if you have expectations for how the money is or is not spent, have the conversation before camp and reflect on after the session has ended!

Setting up the Account

All sales in store are on an account-only basis. These accounts should be set up prior to camp as you register online. You may add to this account at any time through your camper's itinerary. We recommend \$30 for each week your camper attends camp with a \$10 minimum.

Unspent Funds

At the end of each session, campers have the opportunity to donate funds from their Beehive account to our camper scholarship fund. Remaining balances of \$10 or more will be refunded in September to parents who did not pre-select to have remaining funds donated to our Camper Scholarship Fund.

LETTERS AND PACKAGES

Now, let's talk about sending letters and packages! We love when parents send postcards, letters, or packages with fun decorations or small games. If your camper is in a program that is 2 weeks or less, we ask you do not include food. Any food, even in sealed packages, invites animals into cabins and could also create risks for cabin mates with allergies.

Please send to:

Camper Name / Session / Cabin Number
8660 Honey Rock Road Three Lakes, WI 54562

Please do not send money - if you need to add funds to your camper's Beehive account, you can do so through your account online

HONEYROCK HEALTH CENTER

On behalf of the HoneyRock Health Center, hello! My name is Sara Waltz, and I am the Health Center Supervisor. I have been in nursing for nineteen years and have three young children of my own. I first came to HoneyRock as a parent to drop off our oldest at Intro Camp. All I could think about was "is she even old enough to be here?!" Now, all of my kids can't wait to go.

One of the biggest questions we receive concerns homesickness - know that we treat it just as we would a scraped knee - with understanding, compassion, and support.

Our Health Center is staffed by a volunteer doctor, a summer nurse, a volunteer nurse, a nurses aide, and my-

self. We have clinic hours Monday through Friday in both the morning and afternoon. On Saturday and Sunday, we continue to see campers on an as-needed basis.

Rest assured that your campers are well cared for by a our team, many of whom have (or had!) campers at HoneyRock.

Family Day

This is an awesome opportunity to step into your camper's shoes and get a taste of his or her experience. You can expect to participate in many activities, meet with your camper's counselor(s), share a picnic for dinner on the front lawn, and more! While there is no charge for participation, you must register your family to attend. Parents are invited to arrive as early as 1:30 pm on their family day. You can expect to give your campers a big hug around 2pm.

* For 12-Day Res Camp, Advance Camp, 2:22, Venture, and Voyageur Family Day is on the last Thursday of the session. Day Camp, 6-Day Intro-Res Camp, Service Team, and Assistant Counselors have their Family Day on the final Friday.

TO WEAR

You'll be outside all day! Wear casual, comfortable clothes that layer well. Our swim area will be open weather permitting - so bring a swim suit and towel if you'd like to swim. Check out the forecast - evenings can get chilly!

PLEASE...

Leave your pets at home and cell phones in the car! We understand that work might require you to be accessible by phone, but take advantage of this opportunity to unplug and fully engage in the HoneyRock experience.

PICKING KIDS UP EARLY

The cabins have special closing ceremonies after parents

ACCOMMODATIONS

Below, we have a few nearby accommodations - we suggest visiting yelp.com to get the most up-to-date reviews on accommodation quality.

Hotels

- Best Western: 717.479.1600
- Days Inn: 715.479.5151
- Super 8: 715.477.0888

Campgrounds:

- Hi Pines Campground: 715.479.9124
- Chain O Lakes Campground: 715.479.6708

leave. For that reason, it is our expectation that campers remain at camp until the following morning.

LODGING

Hotels fill quickly during the summer, so we recommend making your reservations early. HoneyRock has very limited accommodations available and requires a 2-night minimum stay. Inquire by calling our receptionist (715.479.7474 x201) for information and housing availability.

THE BEEHIVE

Our camp store will be open all afternoon for the purchase of snacks, drinks, and other memorabilia!



Transportation

As a part of the registration process, **you will need to choose transportation options both to and from camp for each child, even if you plan to attend Family Day.** This includes parents who are bringing their camper by car! Please be sure to talk with your camper about how they are getting home so that they are not surprised on departure day!

BY FAMILY CAR

Arrival 2-3pm

If you are driving your child directly to camp, please arrive between 2:00 – 3:00 for check-in on the day the camp session begins. Upon arrival our staff will direct you to the check-in area.

Departure - 7:45am

If you are picking up your child from camp on the last day of the session, please arrive promptly at 7:45am to load your camper's luggage before picking them up at 8am.

A parent or legal guardian will need to sign your camper out with their counselor before departing. If someone other than the parent or legal guardian is picking up your camper, email or mail the Transportation Authorization Form to our office at least 1 week prior to the departure date.

BY AIRPLANE

If your child is flying to camp, we ask that they fly into to Rhinelander Oneida County Airport (RHI – preferred) or Central Wisconsin Airport (CWA) in Mosinee, WI. HoneyRock is not responsible for the cost of extra luggage or any unaccompanied minor fees. There is no charge for HoneyRock shuttle service to or from CWA or RHI airports.

Once your reservation is made, please email the cell phone numbers of both you and your camper to the Registration Coordinator. In turn, we will email our shuttle driver's contact information to share with both the airline and your camper.

Arrival

Please arrange arrival into CWA by 2:00 pm or RHI by 3:30 pm on the day the camp session begins.

Departure

Arrange departure from CWA or RHI between 9:30am and 2:00pm on the day the camp session ends. If these times are impossible to arrange, please call or email Registration *before* making your reservation to discuss options.

Sending Money

If you send travel money with your child, please seal it in an envelope with his/her name and amount and pack it in a location known to your camper. Our staff will secure this money while your child is at HoneyRock and will return it at the end of the session. We are unable to withdraw money from the Beehive for travel home.

BY HONEYROCK BUS

This is our most commonly used transportation option! Busses are equipped with a bathroom and comfortable seating – we also provide an activity booklet of conversation starters, riddles, word games, and trivia. There is at least one HoneyRock staff member on each bus to monitor campers and ensure their wellbeing. We make a lunch stop at a rest area near Madison for campers to stretch their legs and eat a provided lunch.

Return transportation to Madison, Rockford, and Wheaton stops is available for a \$75 fee. Please note that depending on numbers we may send a smaller van, driven by trained and certified HoneyRock staff.

Special Notes

Snacks and water are permitted on the bus. Those with known airborne nut allergies will be seated on a nut-free bus. Please do not send your child on the bus with gum, soda, cell phone, iPod, or similar electronic device or game. These items are not permitted at HoneyRock; we are not responsible for loss or damage.

If a camper is getting a ride home with anyone other than their parent or legal guardian, we must have a completed copy of the Transportation Authorization Form.

Please see the grid on the next page for the bus schedule.



Transportation

GRID TO HONEYROCK

City	Location	Address	Check In-Time	Programs
*St. Louis	Westminster Christian Academy	800 Maryville Centre Dr, Town and Country, MO 63017	4:00 am	12 Day Res 1 2:22
Wheaton, IL	Chrouser Sports Complex	601 Kenilworth Ave Wheaton, IL 60187	6:30 am	all
Schaumburg, IL	I-290 W, Exit 1B Landmarks: Streets of Woodfield Starbucks, Lego Store & Chipotle	(see location)	8:15 am	6-Day Intro Res, 12-Day Res 1, 2, 3 Advance Camp 1, 2 2:22 Voyageur
Rockford, IL	AMC	8301 E State St, Rockford, IL 61108	9:15 am	all
Poynette, WI	I-39/90/94 Westbound; Rest Area 12 at mile marker 113	(see location)	11:15 am	all

*St. Louis is an additional \$75; we ask parents pack a healthy breakfast since we do not stop until lunch.

GRID FROM HONEYROCK

While travel to HoneyRock is complimentary, an additional \$75 is charged for return travel.

City	Location	Address	Check In-Time	Programs
Madison, WI	Culvers - Exit #126 off of Hwy 39	490 Co RD V De Forest, WI 53532	12:30 pm	12 Day Res 1 2:22
Rockford, IL	AMC	8301 E State St, Rockford, IL 61108	2:30 pm	all
Wheaton, IL	Chrouser Sports Complex	601 Kenilworth Ave, Wheaton, IL 60187	4:00 pm	6-Day Intro Res, 12-Day Res 1, 2, 3 Advance Camp 1, 2 2:22 Voyageur

Check our Facebook page at facebook.com/honeyrock for real time travel updates.

